

Accredited NLP – Master Practitioner Course

with *NLP in the North*

Attain NLP Mastery & let yourself shine!

Let yourself shine!

Attain NLP Mastery with NLP in the North

Your trainers: Dr Henrie Lidiard and Ann Slack deliver life-changing, enriching NLP programmes. Train with NLP in the North and realise your true potential. Find out what makes our Master Practitioner stand out from the rest:

- Experience a deep sense of wellbeing. Live more fully in the moment. Develop greater presence.
- Facilitate powerful, lasting change. Understand human nature, motivation and change.
- Radically enhance performance (save time and money) by modelling excellence in your fields of interest.
- Deepen your existing NLP skills; use them with even more flair, confidence and elegance.
- Enjoy deeper and more rewarding relationships
- Be a compelling communicator
- Discover exciting new techniques to add to your NLP repertoire.
- Get great results (consistently and easily!)

NLP Master Practitioner skills are invaluable for leaders, managers, health-professionals, coaches, mentors, change-agents, teachers, trainers, therapists, in fact anyone who lives and works with other people!

The NLP in the North Master Practitioner is open to anyone who has an NLP practitioner qualification recognised by INLPTA or ANLP.

Excellence in NLP begins on the inside

- Our Master Practitioner training develops a deep understanding and appreciation of yourself and others. (Discover that whatever you take yourself to be, you are much, much more than that!)
- Explore bigger, richer maps of what is it to be human. Discover how people function, grow and change. Develop a profound ability to see the world from many perspectives.
- Land more deeply in your experience of the present moment, and discover how easily and simply you affect change in the world around you.
- Learn how to model successfully and model expertise in your fields of interest. Enhance performance profoundly, elegantly and measurably.

Develop Mastery in 3 key areas:

- **Mastery of yourself,**
- **Mastery of your practical skills in NLP (including modelling) and**
- **Mastery of your knowledge and understanding of NLP.**

It is sometimes said that:

Knowledge plus Experience = Understanding.

On our Master Practitioner you'll discover that

Understanding plus Being = Mastery!

How is our Master Practitioner structured?

- The course runs for **20 days over 6 months (Mostly over weekends)**. Our extensive training promotes effective integration and application of your new knowledge and skills.
- **Training days run from 10.00 am – 5.30 pm amounting to 130 hours contact time.** (As on our practitioner, we do also require **some enjoyable practical-work away from the training room between sessions.**)
- **Your learning is stimulating, fun and effective** because we use accelerated learning techniques and the INLPTA format system.
- **Your questions are answered and given attention** as we provide frequent opportunities for open frames and discussion of the syllabus.
- **Your training manual is comprehensive** and we will also provide you with a copy of the **INLPTA written integration questions and answers.**

Certification:

We are committed to your success and the quality of your learning, so our assessment is ongoing rather than a written test at the end. (N.B. unlike some providers, there is no additional charge for your certification and your certificate does not expire after a set time period!)

Master Practitioner Modules:

Module 1:

Day 1: Begin your Master Practitioner journey with us. We use creative exercises that refresh you and begin to make your important transition from practice to mastery.

Day 2: Explore **Values** and discover what drives us. Learn how to elicit and utilise the powerful emotional states that underpin our choices and behaviour. Understand values, motivation and change, revolutionise any change work or coaching you undertake. Discover the role of values in conflicts and their resolution.

Day 3: Explore **Graves Model** (and the dynamics of change). Graves shows us how people change (and also explains why some people do and some don't!). This is an extraordinary model, based on years of elegant and thorough research. It reframes our understanding of the world around us. It helps us to understand the different challenges we face, whether they are individual, organisational, societal or global. It also shows us how we can meet these challenges and apply our existing change tools with greatest success.

Day 4: We explore the **structure of beliefs**. We will build on creative ways to choose and strengthen enabling beliefs and loosen limiting ones.

Module 2:

Day 5 and 6: Learn about **Meta-programmes**.

These give us a profoundly useful way to understand and work elegantly with the differences between people. If you have ever found yourself scratching your head and wondering how on earth a person can think and behave like they do - this model will help you! Meta-programmes are not simply a tool to analyse people but a deeply elegant way to appreciate our differences and to communicate and work with them effectively. Understand meta-programmes and improve your relationships dramatically. Learn how to communicate in ways that really get people to listen. Boost your professional effectiveness rapidly and enjoyably!

Module 3:

Day 7 and 8: Modelling:

Learn how it's really done! You learn the brilliant process devised and refined by Wyatt Woodsmall – (the renowned master modeller and 'Expert on Experts')- and discover how to distil, code and replicate expertise. You choose from your areas of interest and begin to model for real, with the support and coaching of Henrie, (an experienced ABM modeller). This is the start of your on-going modelling project that you will present at the end of the course. Many students have had success with their modelling that has astonished them. Some have set up businesses on the back of what they discovered. Others have won kudos and

promotion at work for streamlining training and dramatically improving performance in their chosen field. Truly generative learning is possible.

Module 4:

Day 9 and 10: The Enneagram:

Explore a profound and remarkable map of what it is to be human. On this weekend we deepen our ability to be present in the moment and begin to see and gently loosen some of our most deeply unconscious personality habits. Again, this is not a typology for putting people in boxes but a truly transformative and life-changing reflection. It shows us the 'box' we are already in and the way out of it! As we become freer of our ingrained personality habits, more and more of our true nature is expressed. This model is one of the most compassionate, insightful routes to understanding our selves, the people we live and work with and our clients in their various stages of change and evolution. No coach, therapist or change agent should be without this awareness.

Module 5:

Day 11 and 12: Advanced Submodalities:

Explore the structure of your internal representations in even more depth. We learn even more subtle levels of calibration and many more ways to expand our use of powerful submodalities. (Techniques include 'designer swishes', 'compulsion blowouts' and the 'decision destroyer' to name just a few.) Find out how you can use your innate body intelligence to ecology check and make lasting, easy changes.

Module 6:

Day 13 and 14: Sleight of mouth patterns:

Sometimes called 'conversational belief change', sometimes called 'criteria utilisation patterns' or even 'advanced re-framing'. Learn simple patterns that enable you to elegantly and playfully loosen the constrictions of limiting beliefs. Conversational change is quick, easy, elegant and a lot of fun. Bring your most relaxed and creative states with you and delight in rapid playful changes.

Module 7:

Day 15 and 16: Advanced Milton patterns and the use of metaphor:

Dip back in to the deliciously relaxed world of the Milton Model, and remember its effortless power. Learn more of Milton Erickson's brilliant language patterns. Experience many ways of accessing enjoyable and useful trance states. Re-discover the extraordinary human response to metaphor. Utilise nested loops for powerful change and experience the marvellous metaphorical techniques of Robert Fletcher's Mental Landscapes model.

Module 8:

Day 17 and 18: Advanced Timelines:

Learn further gentle and powerful techniques to affect change using the metaphor of timelines. Explore techniques from the beautiful work of Connirae Andreas, one of the early contributors to the field of NLP.

Day 18 (pm): Presentation of Master Practitioner Modelling projects:

This is a day to treasure. Learn from each other's modelling experiences and share in the extraordinary levels of learning, innovation and expertise development.

Day 19: Supervised 1:1 Change-Work:

This is an opportunity to realise your confidence and flair as a Master Practitioner of NLP. You also have the added value of skilled personal change work on your most significant outcomes beyond the end of the training. The Master practitioner change work is supervised with a light touch and grounded support.

Day 20: Integration and Certification:

This final day is a celebration of your achievement!



INLPTA Master Practitioner Accreditation and Assessment:

Your Master Practitioner accreditation follows completion of the course and also your demonstration that you have successfully met the INLPTA criteria for becoming a Master practitioner. (The detailed list of criteria are available to view now on the INLPTA website and a copy will also form part of the Master practitioner course materials).

INLPTA Assessment is in 3 main areas:

- Attitude
- Skills and
- Content Knowledge.

Our main vehicles for assessment are:

- Your attendance, approach and contribution during the training.
- Your completion of specific 'Home-play' tasks between the various modules. (This facilitates the practice and integration of your learning. They also provide an opportunity for you to ask any questions you may have that arise from your experience.) Home play is also a useful vehicle for 1:1 feedback, coaching and the refinement of your skills. Our students consistently find that the practical work and feedback builds their confidence and expertise dramatically).
- Your NLP modelling project
- And finally a piece of supervised 1:1 change-work

The next steps in your NLP journey are important

We hope you'll take them with us....