

## **INLPTA Master Practitioner in NLP 2024**

***Focusing on Self-awareness and Modelling Expertise***

with

**INLPTA Master Trainer  
Dr Henrie Lidiard**

***At the Mercure, Bankfield Hotel, Bingley, West Yorkshire.***



***Discover how you can...***

- Experience a deep sense of wellbeing.
- Live more fully in the moment and develop greater presence.
- Facilitate powerful, lasting transformation, by understanding human nature, motivation and change.
- Radically enhance performance (save time, money and effort) by modeling excellence in your fields of interest.
- Deepen your existing NLP skills, (use them with even more flair, confidence and elegance).
- Enjoy deeper and more rewarding relationships.
- Become an even more compelling communicator.
- Discover exciting new techniques to add to your NLP repertoire.
- Get great results (even more consistently and easily!)

**The NLP Master Practitioner is invaluable for leaders, managers, health-professionals, therapists, coaches (and anyone who lives and works with people!)**

**Early Bird rate of £2,750 when you book before 30<sup>th</sup> November 2023 (Full price £3,250)**

*"This training has been a voyage of fun and laughter. It will enhance your sense of self, your relationships, your skills and your sense of purpose. Do it!"* **SP Lecturer in Mental Health**

*"The Master Practitioner was a joyful, uplifting experience and it has given me a grounded confidence, a sense of optimism and self-acceptance"* **JW Teacher and Therapist**

*"This has had such a positive impact on every area of my life; and it has transformed how I work with my team"* **PH Director**

*"I have navigated huge changes in my life with the help of this training. Henrie trains with great skill, humour and compassion."* **RG Solicitor / therapist.**

## **INLPTA Master Practitioner: Modules and dates**

### **Master Practitioner Module 1 (24<sup>th</sup>-27<sup>th</sup> Feb)**

#### **Moving towards Mastery and unravelling the mysteries of human motivation:**

On this module you'll begin to make the transition from Practice to Mastery. You'll review your practitioner experience and refresh your skills, whilst building resources and a sense of purpose that will accompany you throughout the Master Practitioner

You'll learn about values, the powerful emotional states at the root of our motivations that underpin our choices and behaviour. You'll learn how to discover and apply these motivational levers gently and ethically. When you understand this – it will revolutionise your ability to lead, and influence and will make any change work or coaching you undertake easier and more effective. You'll also discover the role of values in conflicts, and how to resolve them skilfully.

You'll also explore **Graves Model** (and the dynamics of change). Professor Clare Graves' work shows us how people change (and also explains why some people don't). This is an extraordinary model, based on years of elegant and thorough research. It reframes our understanding of the world around us. It helps us to understand the different challenges we face, whether they are individual, organisational, societal or global. It also shows us how we can meet these challenges and apply our existing change tools with greatest success. Past students have described this session as mind-blowing as well as profoundly useful.

### **Master Practitioner Module 2 (6<sup>th</sup> – 9<sup>th</sup> April 2024)**

#### **Perceptual filters, and Modelling**

In this module, you'll learn about '**Meta-programmes**', perceptual filters that affect our thinking and behaviour. They give us a profoundly useful way to understand and work with the differences between people. If you have ever found living or working with someone difficult or found yourself scratching your head and wondering how on earth a person can think and behave as they do - this model will help you! Meta-programmes are not simply a tool to analyse people, but an elegant and powerful way to appreciate differences, and to communicate and work them more effectively. When you understand meta-programmes, true collaboration becomes possible, and you'll improve your relationships dramatically. You'll learn how to communicate in ways that really get people to listen and boost your professional effectiveness rapidly and enjoyably.

You'll also dive into Advanced Behavioural Modelling, and learn the brilliant process devised and refined by Wyatt Woodsmall – (the renowned master modeller and 'Expert on Experts'). You'll discover how to distil, code and replicate expertise. You'll choose from your areas of interest and begin to model for real, with the support and coaching of Henrie, (an experienced ABM modeller). Many students have had successes with their modelling projects that have astonished them. Some have set up businesses on the back of what

they discovered. Others have achieved sporting goals or have won promotion at work for streamlining training and dramatically improving performance in their chosen field. Truly generative learning is possible.

### **Master Practitioner Module 3 (14<sup>th</sup> – 17<sup>th</sup> June 2024)**

#### **Belief changing with Timelines and Submodalities**

In this module, you'll explore the **structure of beliefs**. You'll learn how to spot them, and how to loosen limiting beliefs and change them to ones that empower and support your learning and performance. You can look forward to learning new Master Practitioner techniques that blend and use your existing practitioner skills and we'll also touch on the gentle, transformative power of timelines. This module will take your flair and finesse with using NLP Principles to a whole new level.

### **Master Practitioner Module 4 (18<sup>th</sup> – 21<sup>st</sup> July 2024)**

#### **Advanced Milton, the power of metaphor and The Enneagram**

You'll dip back into the deliciously relaxed world of the Milton Model and remember its effortless power. You'll learn more of Milton Erickson's brilliant language patterns. You'll have a chance to practice and experience many ways of accessing enjoyable and useful trance states. You'll also rediscover the extraordinary human response to metaphor and learn to utilise nested loops for powerful change. You may also experience the marvellous metaphorical techniques of Robert Fletcher's Mental Landscapes model.

You'll also learn about the Enneagram, a profound and remarkable map of what it is to be human. You'll deepen your ability to be present in the moment and begin to see and loosen some of your most deeply unconscious personality habits. Again, this is not a typology for putting people in boxes, but a truly transformative and life-changing reflection. It shows us the 'box' we are already in and the way out of it. As we become freer of our ingrained personality habits, more and more of our true nature is able to be expressed. This model is one of the most compassionate, and insightful routes to understanding ourselves, the people we live and work with and our clients in their various stages of change and evolution. No leader, coach, therapist or change agent should be without this awareness.

### **Master Practitioner Module 5 (5<sup>th</sup> – 8<sup>th</sup> September 2024)**

#### **Advanced reframing and integration**

You'll learn the art of belief change with Robert Dilt's 'Sleight of Mouth Patterns'. These are a playful and conversational way to bring about profound and useful changes in our maps of the world. Beliefs can be so fixed and strangely self-sustaining but with these mentally agile patterns, modelled from Richard Bandler you'll discover how rapidly and enjoyably they can be changed. Finally, you'll experience 3 pleasurable days of Integration, assessment, and looking forward as you take your Mastery out in to the world beyond the end of the training.

***Payment in instalments is available by arrangement***

***To Book your place and ask any questions:***

Email: [henrie@nlpinthenorth.co.uk](mailto:henrie@nlpinthenorth.co.uk) or call on 0345 8710012