

THE DYNAMISM OF THE ENNEAGRAM

5th -7th July 2024

with Dr. Henrie Lidiard

INLPTA Master Trainer and Enneagram Institute Accredited Trainer.

At The Mercure Bankfield Hotel, Bingley, West Yorkshire, UK.

Early Bird £390 when you book before 20th May 2024 (full price £495)



- Deepen your self-awareness and your sense of Presence.
- Enjoy deeper, and more fulfilling personal and working relationships.
- Develop a greater understanding and appreciation of colleagues and loved ones.
- Learn how to resolve even long-standing or repetitive conflicts in relationship.
- Enhance your coaching, therapy and training practice.
- Learn specific practices to accelerate and deepen your development.

In this three-day workshop we'll take a **deeper dive in to the Enneagram**. We'll be exploring the dynamism inherent in this incredible model, including the levels of health, the inner arrows of the symbol and their significance, we'll uncover powerful insights for each type's development and see how our core patterns play out in relationships and groups. This workshop will be based on the Riso Hudson Approach to the Enneagram with Presence practices at the heart of our exploration. In addition to teaching, we will also use, simple movement exercises small group enquiries, open frames and discussion. As we explore, you can look forward to cultivating a deeper connection to the present moment, a sense of inner peace and a deeper appreciation and compassion for yourself and others.



What people say:

"An incredibly powerful course delivered in a joyful, gentle and experiential way"

"Simply an amazing and transformative 3 days"

"I have found this to be a beautiful and enlightening follow up to the introduction".

"I am taking away a greater compassion for myself and others"

"Another phenomenal weekend – I recommend this training wholeheartedly"

"Deliciously joyous, shining a light in to all my depths."

"My experience has led to some profound new self-realisations"

**For further details and course dates visit www.nlpinthenorth.co.uk
or to book your place email henrie@nlpinthenorth.co.uk or call on 0345 8710012**