

4-Day Course
**25th - 28th
October 2025**

**The Mercure Bankfield Hotel
Bingley, West Yorkshire UK**

mBIT Coaching Certification Training



Dr. Henrie Lidiard
mBIT Trainer & INLPTA Master Trainer



Modern Neuroscience Meets Ancient Wisdom

For coaches, professionals and anyone wishing to find or facilitate a deeper sense of calm, fulfilment and purpose in a complex and changing world.

Discover how to:

- Tap into the wisdom and power of head, heart and gut intelligences;
- Balance the autonomic nervous system for optimum wellbeing;
- Deepen your self-awareness;
- Streamline your decision-making for calm, conscious action;
- Become a more resonant and influential leader;
- Hone your intuition and inner-knowing.

**Save £425 with the Early Bird rate, available until
12th September 2025 (Full price £1300)**

'The mBIT course was a fascinating journey through neuroscience, ancient wisdom and our inner intelligences. I wholeheartedly recommend this course.' KM, Teacher

'This course is highly relevant to life in an increasingly complex world.' JH, Consultant

'An amazing, life-enhancing course.'
PH, Senior Leader, Utilities

'This course transformed my coaching practice.'
AH, Executive Coach

'Magical and awesome. Just book it!' KJ, Headteacher



NLP in the North

Further details can be found [**here**](#)

Book your place [here**](#)
or contact us [**here**](#) with any questions.**