14th - 17th November 2026

The Mercure Bankfield Hotel
Bingley, West Yorkshire UK

*m*BIT Coaching Certification Training

Dr. Henrie Lidiard

mBIT Trainer & INLPTA Master Trainer

Modern Neuroscience Meets Ancient Wisdom

For coaches, professionals and anyone wishing to find or facilitate a deeper sense of calm, fulfilment and purpose in a complex and changing world.

Discover how to:

- Tap into the wisdom and power of head, heart and gut intelligences;
- Balance the autonomic nervous system for optimum wellbeing;
- Deepen your self-awareness;
- Streamline your decision-making for calm, conscious action;
- Become a more resonant and influential leader;
- Hone your intuition and inner-knowing.

Investment £1350
Early Bird rate of £895 available before 3rd October

'The mBIT course was a fascinating journey through neuroscience, ancient wisdom and our inner intelligences. I wholeheartedly recommend this course.' KM, Teacher

'This course is highly relevant to life in an increasingly complex world.' JH, Consultant

'An amazing, life-enhancing course.'
PH, Senior Leader, Utilities

'This course transformed my coaching practice.'
AH, Executive Coach

'Magical and awesome. Just book it!' KJ, Headteacher

Further details can be found here

NLP in the North

Book your place here
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