

6-Day Course
10th - 15th October 2026

The Mercure Bankfield Hotel
Bingley, West Yorkshire UK



mBIT **Master Coach Certification Training**

Reb Veale & Dr. Henrie Lidiard

**Investment: Early Bird rate - £1,970 available until 5th September.
Standard rate - £2,470 (Refresher fee £510)**

Mastery in Embodied Coaching & Transformation

For mBIT Coaches and Trainers who want to coach with even greater impact, precision and purpose. It's also for existing Master Coaches who wish to refresh their training and access brand new material and techniques.

We will be exploring two more fundamental body intelligences. They are the Autonomic Nervous System and the Pelvic Intelligence, which hold the keys to a more vibrant, energetic and meaningful life.

You will learn:

- How the ANS and pelvic neural network qualify as brains;
- Their prime functions, core competencies and highest expressions;
- The profound influence of the ANS on every aspect of our lives;
- How the ANS is the fundamental interface between mind and body;
- How to communicate and work with the ANS and pelvic intelligence directly;
- The power and centrality of the pelvic intelligence in 'blissing', intuiting, joy and creativity;
- Leading edge research, brand new material and techniques;
- Even more sensitive calibration skills, body-awareness and coaching fluency;
- Deeper levels of systemic coaching.

This training requires no experience or knowledge beyond mBIT Coach Certification.



NLP in the North



What do participants say about this electrifying ride through somatic space?

'It's hard to put into words something that has transformed my whole being. I hope to touch the lives of so many with what I have discovered.' **Linda Carey**

'A truly inspiring course, embodied and life-changing. I now have even more curiosity, hunger and passion for mBIT.' **Martin Wills**

'All coaches out there, when you get the opportunity to do this - do it! It will rock your world.' **Tracey Gray**

'This is one of the most useful and integrative programmes I have completed. It has bonded everything I have ever learned as a coach and more. It has added to my skillset beyond my imagination.' **Eithna Coen**

'This material is cutting edge and offers amazing tools. I would recommend this workshop to anyone.' **Carl Gillet**

'If you want to deeply connect with who you are, what your purpose is, do not hesitate a moment longer. Come and experience this amazing, life-giving programme. You will be fascinated!!!' **Ailbhe Harrington**

'The mBIT Master Coach training exceeded all my expectations. My coaching came together in a much more flowing way with a new depth of knowledge.' **Carrie Doorley**

'A fabulous expansion of being!!!!' **Joy Griffiths**

Reb Veale - mBIT Master Trainer



Reb's passion for mBraining and for participants shines through. She is a certified mBIT NHTP Trainer of Master Coaches and Trainer of Coach Trainers, an INLPTA NLP Master Trainer, coach supervisor and occupational psychologist. She has a background in HR, learning and leadership, having worked in both corporate and public sector environments. Reb has taken mBIT to ten countries across four continents and is fascinated by how mBraining transcends language. She came late to neuroscience and is happy to have become a bit of a neuro nerd...with a heart!

Dr Henrie Lidiard



Henrie has more than 25 years' experience delivering transformational programmes in self-awareness, embodied intelligence and applied NLP. She began her career as a research scientist and has also been involved in researching the cognitive and somatic tools that she now teaches. She is an mBIT Trainer, Master Coach and an INLPTA Master Trainer. She is a Riso/Hudson Accredited Enneagram Teacher and IEQ9 coach /facilitator. Her passion and delight is in helping people discover and realise the innate beauty and potential of their deeper nature.



Numbers strictly limited - book early to secure your place

Further details can be found [here](#)

**Book your place [here](#)
or contact us [here](#) with any questions.**